



# The Pelican Brief

Serving [The Pelican Pointe Community](#)

July 2019

## **Cement work on Pelican Pointe driveways scheduled for July 16-25**

As reported in the last newsletter, resurfacing the common roadway and alleys between buildings M-N through Z-AA is scheduled July 16-25 – weather permitting. Some repair also will be done in the alley between buildings K and L.

A map indicating the area/alley to be blocked off for work and the date work is scheduled is included in this email. Remember, garage access to those units will be blocked for two to three days. Before the work begins, notices will be posted on each unit affected to help ensure folks don't get stuck in their garages. Check your area and be prepared to park in nearby visitor parking spaces or alternate locations in order to have access to your vehicle. Please wait for barricades to be removed before attempting to return to your garage for parking.

This resurfacing is the continuation of the ongoing maintenance of our property as approved by our Board of Directors. Phase one was completed last summer, and phase three is planned for next summer in 2020. This year's approximately \$90,000 cost is being paid for from our Pelican Pointe Reserve Budget. ###

## **Community BYO Happy Hour resumes for summer**

This gathering got started Friday, June 28, 5 p.m. – then will continue weekly, weather permitting. Everyone is invited to stop by Pelican Pointe Park, picnic area near mail kiosks (RSVP not required). It's an informal gathering. Bring your own refreshments to share. ###

## **Discussions underway regarding updating unofficial resident directory**

The **official** resident directory is managed by our Property Manager Jean Ronald. The official directory is NOT published nor is it distributed, it is only used for HOA business. In the past, an **unofficial** directory has been printed and shared. Individuals were asked if they wanted their information included – it was not required. Several residents have expressed a willingness to update that unofficial, electronic directory. If that happens, individuals may receive requests to update, confirm or delete their information. ###

## **Pelican Pointe property emergency after normal business hours**

Call Weststar Management 720-941-9200, press option 1 to reach a manager who will return your call promptly. That's 720 not 303. ###

## **Submissions welcome for The Pelican Brief**

Items may be edit as needed for space, libelous statements or personal unwarranted attacks.

Send items, by mid-month, via email to [daniellezieg@gmail.com](mailto:daniellezieg@gmail.com). ###

(more)

## **2019 Board of Directors**

Charlotte Robinson, President  
Sheila Powell, Vice President  
Jim Bernuth, Treasurer  
Kathy Benhke, Secretary  
Mary Gehris, At-large  
Marcia Helfant, At-large

## Annual champagne brunch draws crowd to Pelican Pointe Park

Residents didn't let cool weather dampen their spirits for the Annual Champagne Brunch in Pelican Pointe Park on Sunday, June 9. More than 70 residents gathered to sip champagne and mimosas while enjoying quiche, scones and other delights donated by residents – including a crowd favorite rice dish by our neighbor Nagendra Mamik. The brunch was planned and hosted by the Social Committee headed by Sheila Powell. Other neighbors helped to set up and clean up. The total cost of \$888 was paid for with HOA dues. #



*Special thanks to Laurie Abelman for snapping these photos.*

###

## Food for thought or a different way of looking at 'things'

One of our Pelican Pointe neighbors recently spotted a very interesting article and wanted to share. Everyone can click the link to see the full article but the key points offer a way to consider the possible health and happiness implications of a negative outlook on life. [Here Is How Complaining Physically Rewires Your Brain To Be Anxious And Depressed](#) by Elizabeth Williams.

The article cites a psychology study, which shows that chronic complaining can rewire the brain to become depressed and anxious. The article lists the three types of complainers, describes the effects that constant complaining has on one's brain, and explains how to retrain the brain to be more positive. ###

## **Mark your calendar**

### **Trash pickup days**

Wednesday, July 3, 10, 17, 24, 31

--Recycle items in purple carts: July 10, 24 Have questions about what can be recycled? Review details online, and don't put recycle items in trash bags.

--Extra trash: July 24 Too much to fit in your trash bin? Excess, extra trash is picked up every four weeks. Do not leave excess trash sitting out until the scheduled pick up.

### **Independence Holiday, Thursday, July 4**

July 4, 1776, represents the signing of the Declaration of Independence and the birth of the United States of America as an independent nation.

### **CHERRY CREEK ARTS FESTIVAL, July 5-7**

Cherry Creek North Shopping District [cherrycreekartsfestival.org](http://cherrycreekartsfestival.org)

### **Pelican Pointe Homeowners Association Board Meeting**

Monday, July 8, 6:30 p.m.

Windsor Gardens Community Center, all homeowners and residents always welcome.

### **Pelican Pointe Lunch Bunch**

Wednesday, July 17, noon

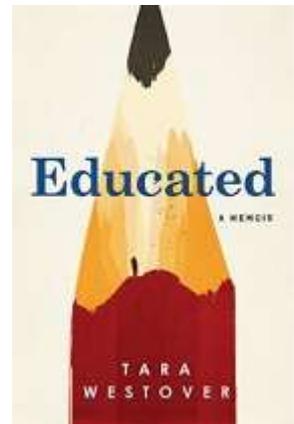
All residents in the Pelican Pointe community are welcome, and everyone pays their own bill. RSVP to Sheila Powell [303-280-6943](tel:303-280-6943) or [spowellmsn@comcast.net](mailto:spowellmsn@comcast.net) for the location and to let her know if you'd like to attend.

### **Pelican Pointe Book Group**

Thursday, July 18, 6:30 p.m.

Home of Marcia Helfant, N104

The book we'll be discussing is ***Educated*** by Tara Westover. This is an autobiography of a young woman, the youngest of seven children, born into a survivalist family in a Mormon pocket of southeastern Idaho. Though her elder brothers had some schooling, they were pulled from school as her father's fear of the "Illuminati" increased, and were not sent to school at all. Nor did her father allow his family to make use of modern medicine to treat illness or injury. Somehow, Tara manages to test the boundaries of her family, makes her way to high school, Harvard, and then to Cambridge University. The author tells a fascinating and compelling story.



All Pelican Pointe residents are welcome to join us for refreshments and conversation. ###

### **SLOW FOOD NATIONS, July 19-21**

Larimer Square, Downtown Denver [slowfoodnations.org](http://slowfoodnations.org)

### **COLORADO DRAGON BOAT FESTIVAL July 27 – 28**

Sloan's Lake, Denver [cdbf.org](http://cdbf.org)